

# Register for a SMILE program mentor

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We want to make sure that you have the best start at Seneca. The [Student Mentoring in Life and Education \(SMILE\) program](#) will match you with a peer mentor who can support you during your first semester.

A peer mentor can help you with:

- understanding what to expect in your program and dealing with multiple demands
- connecting with your professors, program co-ordinator and student adviser
- navigating your identity – personal, professional and academic
- managing your time and developing study skills
- accessing resources, supports and services
- exploring financial aid options
- networking/meeting new people, even virtually

Whether by phone, text or email, your peer mentor will be there to help answer your questions or connect you to valuable resources. You may also choose how you'd like to be matched – from the same academic program or same identity group. Each mentor-mentee match is unique and is made with careful consideration based on a wide range of factors and preferences, chosen by you.

[Request a mentor](#) by 11:59 p.m. EST on Friday, May 20.

tags : student-news